

Red Mountain Center Gym Schedule

7550 E Adobe Rd, Mesa AZ 85207

www.redmountaincenter.com

See reverse side for rules and regulations.

Effective August 6, 2018

HOURS SUBJECT TO CHANGE WITHOUT NOTICE



	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court	West Court	East Court		
5:30 AM	Open Gym 5:30-7:20a		Open Gym 5:30-10:00a		Open Gym 5:30-7:20a		Open Gym 5:30-10:00a		Open Gym 5:30-7:20a		Open Gym 8:00a-1:00p			
6:00 AM														
7:00 AM														
8:00 AM	Closed for Group Fitness Class 7:20-11:00a		Closed for Group Fitness Class 10:00a-12:30p		Closed for Group Fitness Class 7:20-11:00a		Closed for Group Fitness Class 10:00a-12:30p		Closed for Group Fitness Class 7:20-11:00a		Pickleball 11:00a-12:30p			
9:00 AM														
10:00 AM														
11:00 AM	Volleyball 11:00a-1:00p		Pickleball 1:00-4:00p		Volleyball 11:00a-1:00p		Closed for Group Fitness Class 10:00a-12:30p		Volleyball 11:00a-1:00p		Pickleball 11:00a-12:30p			
12:00 PM	Pickleball 1:30-3:30p				Pickleball 1:30-3:30p		Pickleball 1:00-4:00p		Pickleball 1:30-3:30p					
1:00 PM	Open Gym 11:00a-9:00p				Open Gym 12:30-9:00p		Open Gym 11:00a-9:00p		Open Gym 12:30-9:00p				Open Gym 11:00a-9:00p	
2:00 PM			Pickleball 1:30-3:30p								Pickleball 7:00-9:00p			
3:00 PM														
4:00 PM	Open Gym 11:00a-9:00p		Open Gym 12:30-9:00p		Open Gym 11:00a-9:00p		Open Gym 12:30-9:00p		Open Gym 11:00a-9:00p					
5:00 PM														
6:00 PM														
7:00 PM	Open Gym 11:00a-9:00p		Open Gym 12:30-9:00p		Open Gym 11:00a-9:00p		Open Gym 12:30-9:00p		Open Gym 11:00a-9:00p					
8:00 PM														
9:00 PM														



GYM RULES AND REGULATIONS

Admission pass is required for gym activities.

Children under the age of 8 must have a parent in the facility.

No full court games or 5-on-5 games.

No food, drinks, or chewing gum allowed in gym (water bottles only and no glass containers).

No foul or abusive language.

No dunking or hanging on basketball rims.

Appropriate clothing attire required at all times (shirt, shoes, etc).

Court shoes only, no hiking boots or street shoes.

Do not throw or hit anything to or from the second level. No spitting in water fountains, on floors or walls.

Be considerate to other participants.

City of Mesa is not responsible for lost or stolen items.

Failure to follow these rules and regulations may result in the suspension of facility privileges.